



BASSENDEAN YOUTH SERVICES

# IDIOM

*defn: (noun) the language particular to a people or district, community, or class.*

## Skate Park Lights have arrived!!!

On the evening of Friday 20th of March the lights at the Bassendean Skate Park were officially turned on. The lights were funded by the Department of Sport and Recreation through the Community Sporting and Recreation Facilities

Fund and the Town of Bassendean. The lights will allow skaters to use the park for longer hours, especially in winter months and will create an even better atmosphere for December's Gravit8 Youth Festival.



## 9 Things to Accomplish as a Teenager

According to the Guardian Newspaper teenagers are working harder than ever before, but between attending school, maintaining your social life and planning your future, this leaves little time for you to just do you. No matter how busy you are there's a few last minute ideas to check off your bucket list before the big Z-0. But remember, these are just suggestions so why not make your own list.

### Learn to drive.

Driving allows for one of the sweetest perks of growing up: a sense of freedom. Public transport or a bike are easy ways to get around, but being in control of a car gives you responsibility and independence you can't find anywhere else. Plus, if you put it off now, it will be much harder to learn as an adult.

### Cook an entire meal by yourself.

No, pouring milk into cereal or making scrambled eggs doesn't count. Make an actual meal. Take advantage of your kitchen and all the fresh ingredients and utensils in it.

### Register to vote.

This one's pretty important. After you turn 18, flex your political muscle by reading up on local, state and national elections and register to vote. You might be surprised how good it feels to voice your views.

### Do one thing you're scared of.

It can even be the one that scares you least. Map out a plan to make small steps toward overcoming your fear. Afraid of heights? Get on a ferris wheel with a friend. Any progress beating your fear will either help you conquer it – or at least make for a good story.

### See the houses your parents grew up in.

You probably think you know your parents well - but you probably don't know much about the people they were when they were younger. Ask them to take you to their childhood homes. Your interest will not only mean a lot to your parents, but it's an opportunity to learn more about your family's history.

### Write a letter to your best friend's 20-something self.

Talk to a close friend about writing letters to each other's 20-something-year-old selves. Hide it somewhere you'll remember, and when you open the letter in a few years, you'll have kind words, old inside jokes and memories to recall.

### Take a photo of yourself that you love.

...and not a blurry, iPhone photo from a party two years ago. I mean a flattering, high-quality photo.

### Go through a major hair change.

There is a short time in your life when you don't have professional interviews to attend, work meetings to present at and people to impress. That time is now. Do something crazy – you'll never have this much freedom again.

### Complete a physical milestone.

No, I'm not telling you to go run a marathon. It could be completing your first 5K, nailing that back handspring or learning a new swimming stroke. No matter how big or small, it will be worth all the effort to finish something you've worked hard for that doesn't involve quizzes and homework.

*Parts of this article were originally posted on The Huffington Post.*



## Youth Advisory Council

The Bassendean Youth Advisory Council (YAC) is a group of young people who meet monthly to discuss current issues that interest or affect them.

The Bassendean YAC has been heavily consulted on the planning and construction of the Town's popular Skate Park and annual Youth Events. It has also given feedback to Local, State and Federal Governments on issues affecting young people including State Law reform, the National Novice Driver Review and the National Drugs campaign.

If you are between the ages of 12 and 25 years and either live, work, study or recreate in the Town of Bassendean (Bassendean, Ashfield or Eden Hill) then you are eligible to join the Bassendean YAC.

For further details on the YAC, contact the Youth Development Officer at the Town of Bassendean.

## Dudley Robinson Youth Grant

The aim of the Dudley Robinson Youth Grant is to support individuals to strive toward developing their potential in their chosen pursuit.

Individuals can apply for a grant to represent the State or Commonwealth in a recognised sporting, performance arts, academic achievement event, or to attend youth leadership activities.

The grant will provide up to \$300 for international representation and \$200 for National representation. For Youth Leadership Activities the limit is set at \$250. To be eligible you must reside in the Town of Bassendean and be aged between 12 and 25 years.

If you would like more information contact the Town's Youth Development Officer on 9279 2329 or download the application form from the Town of Bassendean website at [www.bassendean.wa.gov.au](http://www.bassendean.wa.gov.au)

## Bassendean Youth Services

Bassendean Youth Services are situated underneath the McDonald Pavilion at Steel Blue Oval on the corner of West and Guildford Roads near the Skate Park.

The Youth Centre is open for young people to 'drop-in' between 3pm and 6pm Tuesday to Friday, and to 10pm every second Friday. The Centre offers a broadband internet and computer game café, PS3s, band room, pool table, and movie projector. Everything happening in the afternoons is free, and the centre is available for young people aged 12 to 25.

The centre also runs LAN parties, band rehearsals and activities most weeks. Structured activities are also offered every school holidays. Past activities have included: Adventure World, Go-Karting, Outdoor Rock Climbing, and Paintballing. Most of these activities only cost a few dollars per person.

During the next school holidays the Youth Service will run a number of activities. Come into the Youth Centre to find out what's happening next, or check out our website for more information - [www.bys.net.au](http://www.bys.net.au)

