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defn: (noun) the language particular to a people or district, community, or class.

Bassendean Youth Services

Bassendean Youth Services are situated underneath the McDonald Pavilion at Steel Blue Oval on the corner of West and Guildford Roads near the Skate Park.

The Youth Centre is open for young people to 'drop-in' between 3pm and 6pm Tuesday to Friday, and offers a broadband internet and computer game café, XBOX, band room, and DVD movie projector. Everything happening in the afternoons is free, and the centre is available for young people aged 12 to 25.

The centre also runs LAN parties, band rehearsals and entertaining activities most weeks. Saturday activities are also offered every couple of months. In the past activities have included: Adventure World, Go-Karting, Outdoor Rock Climbing, and Paintballing. Most of these activities only cost a few dollars per person.



New and Improved website

Bassendean Youth Services has recently revamped its website. Check out the front page for live streaming of the Skate Park and our time lapse urban art piece. On our Go Karting page you can see a few laps of our karts flying around the track from behind the wheel. The address is: www.bys.net.au

Bassendean Scooter Jam

On 5th March, Bassendean held its first 'Scooter Jam' at the skate park. There were around 90 people on the day and it was enjoyed by all who competed and spectated. Ben, Mitchell and Enzo took out the first 3 places and the night was so popular, it looks like it might happen again next summer.



Youth Health...Some facts on smokings

Many young people who start smoking think they will be able to stop whenever they want but discover just how difficult it is to give up. Smoking is more addictive than heroin, cocaine or alcohol. Up to 90% of smokers begin smoking before the age of 19. Young people are twice as likely to smoke if they have one or more parents who smoke.

The negative health effects -

- More than 19,000 Australians die prematurely each year from smoking.
- Smoking is a slow way to die. Its effects can cause years of suffering.
- Smoking causes more sickness than any other drug in Australia.
- Smoking can cause blindness, mouth, throat and/or lung cancer.

Smoking effects on your body -

- The tar in cigarettes makes your teeth, fingers and fingernails go yellow.
- People who smoke develop wrinkles around the eyes and mouth sooner.
- Smoking can cause bad breath and hair loss.
- Smoking contributes to lowered fertility in both men and women.
- Smoking reduces fitness and motivation to participate in physical activity.



If you already smoke here's some strategies next time you feel like lighting up.

- Call the Quitline on 131 848 to get the Quit book sent to you
- Use the Quitbook's 4Ds model to help you cope: delay, drink water, deep breathe, and do something else.
- Your friends may be pressuring you to smoke, be aware of this.
- Be proud of saying 'No thanks'.

The benefits of quitting

- Cutting out one \$11 pack per day will save you around \$80 a week!!
- Quitting will improve your overall health.
- You will notice improvements in your skin and sense of taste and smell.

Tobacco and the law

- Big moves are on towards total smoking bans in all public places and tougher penalties for retailers who sell cigarettes to people under 18.
- Graphic warnings on cigarette packs have been introduced to alert young people in particular to the dangers of smoking.

Young people and the law... Security Guards

Security guards act on behalf of the owners/managers of schools, shopping centres and other businesses.

Security Guards are well within their rights to ask you to leave the property, and you must go.

You do not have to answer to questions asked by Security Guards.

Security Guards can arrest you if they believe that you have committed a crime or you are about to commit a crime.

If Security Guards believe you have committed a crime they can hold you until the Police arrive.

This is general information only and is should not be considered legal advice. Please contact the Youth Legal Service on 9202 1688 for further information.



Buying a used car...

Buying a car is a big decision, especially if it's a used car.

Make sure you do your homework before making any big decisions or signing contracts regardless of whether you are buying from a car dealer or private seller.

Ask yourself:

- What kind of car do I need?
- Do I need a loan? Am I old enough to sign a loan contract?
- How much can I afford to spend?
- How much are the licence and transfer fees?
- How much is the insurance going to cost me?

Other things to remember include:

- Shop around for the best loan (if you need one).
- Get a qualified mechanic to inspect the vehicle first.
- Contact REVS to make sure there is no money owing on it.
- Make sure the car is registered.
- Take the car for a test drive.
- Have a family member or friend help you with your decision.
- Don't sign anything! Unless you're happy with the deal.

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